

Player Guide

How to Make Your Code of Conduct Poster



What Is a Code of Conduct?

A code of conduct is like a personal promise. It shows your team, coaches, and family how you want to behave—especially when things get tough. It's not about being perfect. It's about being the kind of teammate and person others can trust and respect.

Step 1: Title Your Poster

You can choose your own title. Here are some examples:

- *My Code of Conduct*
 - *How I Lead Myself and My Team*
 - *The Kind of Teammate I Choose to Be*
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Step 2: Draw a Line Across the Middle

This is your "line" between good and bad choices.

- **Above the Line** = Required and expected behaviors
- **Below the Line** = Unacceptable behaviors that hurt the team

Label both clearly. Use bold writing or even color.

Step 3: Fill in Each Section

Here are behaviors to consider. Choose the ones that matter most to you and add your own. Keep it to **5–7 behaviors per section** so it's easy to remember.

Above the Line (Required / Expected) *(These behaviors make me a great teammate)*

Choose ones like:

- Respect the umpire and coaches
 - Play hard, play fair
 - Control my emotions
 - Be a good sport (win or lose)
 - Encourage teammates
 - Accept mistakes and move on
 - Listen and follow instructions
 - Be on time and ready
 - Help clean up after games
 - Use positive self-talk
 - Take responsibility for my actions
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Below the Line (Unacceptable) *(These behaviors hurt the team and myself)*

Choose ones like:

- Talking back to umpires or coaches
 - Blaming others
 - Quitting when it's hard
 - Ignoring rules or instructions
 - Rolling eyes or being disrespectful
 - Yelling in anger
 - Pouting or giving up
 - Showing off or putting others down
 - Not being coachable
 - Using bad language
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Step 4: Add 1 Personal Rule or Motto

What's one thing *you* want to remember? Something that helps you when things get tough.

Examples:

- “Stay cool under pressure”
 - “Be the teammate I would want”
 - “My attitude is my choice”
 - “I control me”
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Step 5: Make It Look Like You

- Use team colors, stickers, or drawings.
 - Keep it clean, clear, and bold enough to read at a glance.
 - You can add your jersey number, position, or even a team logo if you want.
 - Write neatly. This is your commitment.
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Step 6: Share It

- Show your coach and teammates.
 - Explain one thing from each section that's most important to you.
 - Hang it in your room, locker, or somewhere you'll see it before games.
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